

The Signal

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“The best part of the International Food Festival is the cultural diversity that takes you away and makes you forget for a couple of hours where you actually are on the globe.”

— Teodor Anghel

FOOD FEST

By **NOAH HUTCHINSON**
Signal Writer

Talk around campus is dotted with different accents, representing the diversity of students walking the halls. On February 21, international students will have the chance to present their cultures in a different way.

For \$5, students can attend the International Food Festival in Walker Conference Center, where they can sample iconic foods from the different home countries of Ouachita’s international students.

see **FOOD FESTIVAL**, p. 2

CALLIE STEPHENS/Archive

TEODOR ANGHEL serves food from his native country of Romania during the International Food Festival last year. This year’s festival is February 21 at 6 p.m.

Arts Center features local Black History Month exhibit

By **SAM CUSHMAN**
Signal Writer

Throughout the month of February the Arkadelphia Arts Center is hosting an exhibit on Black History Month featuring local black artists, celebrities and authors.

According to its brochure, the exhibit features “musicians through the ages,” antique items used throughout the last century, photographs, books and posters of early Arkadelphia, an Underground Railroad quilt pattern exhibit, a DVD presentation of sorghum making and a taste sampling of the sorghum. There are also books and book signings of local authors and art by local artists. A few professional collections will be on display, one of which features memorabilia of former Los Angeles Rams tight end, Terry Nelson.

“What we wanted to do is to promote Black History Month by bringing actual history into the Arts Center — histories about the people who lived here and helped build Arkadelphia,” said Farrell Ford, the vice president of the Clark County Arts and Humanities Council. “This is all being done for our community.”

Ford was heavily involved in bringing this exhibit together. She applied to the Ross Foundation to receive a grant so the Arts Center might be able to conduct the events throughout the month.

“You can write a grant for whatever you

might need as long as it falls within the criteria, and there is a significant emphasis on education,” she said “So this is an educational event and is a huge teaching-learning process. It also aids the diversity of the community.”

Because of Ford’s efforts, the Ross Foundation funded \$4,000 to the Arts Center to pay for this month’s events. Ford has been an artist all her life, she paints with acrylics, watercolors and oils. She has also done fiber art and was formerly a potter.

“There is a spirit of art in everyone,” she said. “And art has been alive since the first cave man took a rock and scratched it on a wall. That spirit permeates everybody. They may just be someone who wants to look at [art] or someone who wants to be an artist, but [it] moves people. Whenever people see art, an emotion is evoked within

them. It may be good or bad or something else but it will always evoke an emotional response.”

In working with the Clark County Arts and Humanities Council, Ford helps to promote local arts and humanities organizations, including the Arkadelphia Poets and Writers Guild, the Caddo River Art Guild, the Clark County Historical As-

sociation, Clark County Public Schools and both the Ouachita Baptist and Henderson State Universities art departments.



**SLIDESHOW:
Black History Month Exhibit**

Scan the code with a smartphone to access the slideshow, or go to www.obusignal.com.

see **EXHIBIT**, p. 2



JESSICA BOWLING/Archive

MARK CAIN, a former student, volunteers during a basketball game at the 2010 Special Olympics on campus.

Special Olympics basketball events held in Sturgis

By **KELSEY KEARNEY**
Signal Writer

“Let me win, but if I cannot win, let me be brave in the attempt.”

That is the oath of the Special Olympics, an organization that provides year-round sports training and athletic competition in a variety of Olympic type sports for children and adults with mental disabilities, giving them the opportunity to participate in physical activity, gain physical fitness and share team bonding and skills with friends, family and other Special Olympics athletes.

Ouachita, in its effort to continue its mission of “Making a Difference” in our community and our world, will sponsor the

see **SPECIAL OLYMPICS**, p. 2

Pruet School hosts pastors’ counseling workshop, invites students

By **NICCI FILLINGER**
News Bureau

The Pruet School of Christian Studies, in partnership with Henderson State University and New Orleans Baptist Theological Seminary, will host “Caring for the Caregiver,” a conference on issues in Christian counseling, on Friday, Feb. 24.

Dr. Bill Viser, associate professor of Christian ministry, has been the driving force behind the conference,

which is in its second year.

“This has been on my heart for a long time,” he said. “OBU has always been a leader in education; I wanted to take that to a level beyond undergraduate. I wanted to be able to equip pastors and caregivers to better help people.”

Mental health professionals from the host institutions as well as Central Baptist College will lead sessions including “Balancing Personal and Professional Priorities,” “Crisis Re-

sponders and Christian Counseling Self Care and Spiritual Resources,” “Survival Skills for Therapists Treating Children of Trauma” and “Ministers and Coping: Issues Facing the Shepherd.”

This year, in addition to pastors and mental health professionals, social workers and nurses are invited to the conference and can receive Continuing Education Units (CEUs) for the sessions they attend.

Viser said that when he designed

the conference, he was looking for a format that would bring pastors and mental health professionals together.

For pastors, the registration fee is \$70 each (\$90 with spouse) and includes catered lunch, snacks, written materials and a certificate of attendance. Registration for mental health professionals, nurses and social workers is \$90 each. Students are invited to register and attend for free; they may also register for \$15 each to receive materials and food. ■